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Mount Pleasant Recreation Department

R.L. Jones Center - 391 Egypt Road - Mt. Pleasant, SC 29464
Phone: 843-884-2528 - Fax: 843-849-2778 - www.tompsc.com

2020 MOUNT PLEASANT TRACK CLUB INFORMATION REGISTRATION MARCH 15 - MARCH 30, 2020 113TRK001 (LIMIT-300 PARTICIPANTS)

REGISTRATION:

The Mount Pleasant Track Club is a competitive **TRAVEL TEAM** for athletes of all levels. This travel team participates in USATF sanctioned events throughout the Southeast, as well as the National Junior Olympics. You may register at the following locations: online at www.tompsc.com, R.L. Jones Center, Park West Recreation Complex or the G.M. Darby Building. If this is your child's first time participating in youth athletics, you must provide an original or certified copy of their birth certificate or passport for verification of the child's date of birth to both MPRD and the Track Club. The Mount Pleasant Recreation Department does not retain a copy of birth certificates.

REQUIREMENTS/AGE DIVISIONS:

This program is open to ages 7 - 18 as of **December 31, 2020**. No exceptions can be made for younger siblings **High school athletes must register during open registration 3/15-3/30 in order to compete once their high school season is over.**

Sub Bantam	7 - 8 yr. olds	Youth	13 - 14 yr. olds
Bantam	9 - 10 yr. olds	Intermediate	15 - 16 yr. olds
Midget	11- 12 yr. olds	Young Men & Women	17 - 18 yr. olds

FEES: BOTH are required

MPRD Registration Fee

\$60.00 for residents, \$55.00 for second child same registration period - residents only. \$120.00 for non-residents
Waitlist opens March 31. Waitlist registration, if applicable, must be completed in person at any MPRD facility or via telephone. If you register from the waitlist a \$13.00 late fee applies. Make checks payable to Mount Pleasant Recreation Department. Checks must include current address, phone number, driver's license number and birth date.

Mt. Pleasant Track Club Booster Club/Uniform Fees

\$125 for the first child in a family and \$100 for each additional child is required for participation with MPTC. Payment MUST be made online at www.mptrackclub.com. No checks or cash accepted. \$36/\$34 (adult/youth uniform)
Uniforms are yours to keep and used for track and cross country and only need to be purchased if last year's no longer fits

COACHES:

COACHES NEEDED! Head coach is Tami Dennis. Please fill out volunteer form if you are interested or contact Jay Rhodes, Recreation Coordinator/Track and Field, at 856-6076 or e-mail jrhodes@tompsc.com. We also need volunteers to help with Home Track and Field meets. You need no prior knowledge of track and field to assist with meets. We very much need your help!

BOOSTER CLUB:

The MPTC booster club is a non-profit 501c(3) organization which conducts fundraising efforts to help offset expenses for the Track & Field / Cross Country Programs. Parents will receive an email close to the beginning of the season with instructions on where/how to pay booster and uniform fees. This fee covers MPTC operating expenses, USATF membership and meet entry fees. For more information on USATF go to www.usatf.org. New runners must supply an electronic copy of their birth certificate. Instructions will be sent in the welcome email.

ACCIDENT INSURANCE:

No accident insurance is provided by the Mount Pleasant Recreation Department. Any injuries that result from this program are the responsibility of the participants/parents. USATF membership does provide each registered athlete with limited insurance. Please check their website for information on the insurance provided by USATF.

FUNDRAISING:

We do various fundraisers throughout the season to help fund travel to the Regional and National meets. Parents and team members may be asked to help with fundraising.

PRACTICES:

Practice begins **April 13, 2020** scheduled Monday, Wednesday and Thursday from 6:00pm to 7:30pm at the Park West Track and runs through July. Other special practices may be scheduled during the season. **We will have parents meeting on April 13 at 7:00pm at the end of the first practice, this is a mandatory meeting.**

COMPETITIONS:

Track Meets take place locally and throughout the region. It is the parent's responsibility to get their child to the competition. The meet schedule is available on the team website www.mptrackclub.com. The club compete in the South Carolina Junior Olympic Track & Field program as well as other meets throughout the Spring and Summer.

UNIFORMS:

Each participant is responsible for purchasing their uniform. The uniform consists of a team tank top and shorts. Your uniform is good for Track & Cross Country. You will not need to purchase a new uniform unless the uniform is lost or outgrown. **The approximate cost for the uniform is \$36 adult sizes, \$34 youth sizes.** Uniform purchase information will be found on the team website www.mptrackclub.com. **Uniforms will be shipped directly to the purchaser. There will be a link to their online store available on the team website.**

RAIN OR INCLEMENT WEATHER:

Check online at www.tompsec.com after 4:30pm or register with www.rainedout.com to get an instant update via email and/or cell phone on the conditions when inclement weather exists. The Recreation Department will determine if a session is rained out. However, "when in doubt, dress out". MPTC will practice in the rain. The only time practice is cancelled is due to lightning or extreme weather conditions. You can also check the team Facebook page.

JUNIOR OLYMPIC TRACK AND FIELD EVENTS:

Athletes will have the opportunity to try any event they choose; however, they may be put in events in which the coaching staff sees the most potential. Some events may not be contested if we cannot provide a safe facility and adequate coaching.

RUNNING EVENTS

100m	3000m Race Walk
200m	2000m Steeple Chase
400m	80m Hurdles
800m	100m Hurdles
1500m	200m Hurdles
3000m	400m Hurdles
5000m	400m Relay
1500m Race Walk	1600m Relay
2000m Race Walk	3200m Relay

FIELD EVENTS

Long Jump
Triple Jump
High Jump
Pole Vault
Discus
Shot Put
Mini Javelin
Javelin (blunt tip)

MULTI EVENTS

Triathlon
Pentathlon
Heptathlon
Decathlon

TENTATIVE TRACK & FIELD CLUB SCHEDULE:

May 23	Developmental Meet at Park West (HOME MEET)
June 5	Developmental Meet, Myrtle Beach, SC
June 13	Developmental Meet, Georgetown, SC
June 26-28	J.O. SC State Meet, Spartanburg, SC
July 9-12	J.O. National Meet, location TBD(will be in GA) (must qualify at State Meet)
July 27- Aug 2	J.O. National Meet, Jacksonville, FL (must qualify at Regional Meet)

COMMITMENT:

Every athlete and parent who registers is expected to be committed to the program. We aim to teach goal setting and striving to achieve those goals. For some it may be striving for a particular distance or time in an event and for others it may be going to Regionals or Nationals. **Every athlete is expected to compete in as many of the developmental meets possible.** All athletes in good financial standing with the MPTC will be eligible to compete in the J.O. SC State Meet, from there athletes must qualify to go the Regional Meet and those qualifying will compete in the Regional Meet to go to the National Meet. We are committed to the success of every child and we expect the same from every parent and athlete.